

June 6, 2021

The Body and Blood of Christ

Children Celebrate!

Liturgy of the Word with Children

Today's Readings

Exodus 24:3–8
Psalm 116:12–13, 17–19ab
Mark 14:12–16, 22–26



We Pray

Lord Jesus, help us to know you. Open our hearts to welcome you. Amen.



The Word of God This Week

Jesus Gives Us the Eucharist

Jesus and the disciples were eating the Passover meal in the Upper Room. Jesus took some bread, blessed it, and broke it. Then he gave it to his disciples to eat and said, "This is my body."

Jesus picked up a cup of wine and gave thanks to God. He gave it to his disciples to drink and said, "This is my blood, which is poured out for many people."



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Activity

Below are sentences that tell us what we believe about the Eucharist. What do we see and hear at Mass? To find out, use the words in the word bank to finish the sentences. Then finish the sentence that says what we believe.



church bread body blood
 priest chalice cup Jesus

When we go to _____, the _____ takes the _____ and _____ and says these words: "This is my _____ which will be given up for you. This is the _____ of my _____ which will be shed for you. Do this in memory of me."

We believe that _____ is truly present in the Eucharist.

Family Corner

Faith Focus
 Our experience at Mass should be a life-changing experience. We must be open to letting God touch our lives in the Word, in one another, and, of course, in the Eucharist.

If we do this, people will sense something different in the way we treat them and deal with whatever challenges we face. God wants to be an active presence in our lives. That is why he gave us the gift of the Eucharist.

Family Activity
 Continue the spirit of the Mass at your dinner today.

- Set the table as you would for a special holiday.
- Say a prayer before eating to remind each person that Christ is present.
- Ask everyone to share what they remember from the day's readings or homily.
- As you enjoy this meal, ask everyone to share something that is important to their lives.

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