

## St. Raymond RCIA

### The Eucharist

1. Thoughts. Comments & sharing of experiences with Mass
2. Where does it come from: understanding the Passover Meal
  - a. The Passover Story where they are “saved by the blood of the lamb”
  - b. For Jews, they are present (anamnesis) – because every Jew has to know what it is to be delivered from bondage and begin the journey to the Promised Land
  - c. Jesus gathers with the disciples for the Last Supper at Passover
  - d. In John’s Gospel – Jesus is the Lamb
3. Eucharist IN TIME and OUT OF TIME
  - a. Jesus’ desire to remain with us ALWAYS – gives us the grace while we are on the journey
  - b. Gives us a “foretaste” of the heavenly banquet
4. Three aspects of Eucharist
  - a. Real Presence – Jesus is present (body, blood, soul & divinity)
  - b. Holy Communion – We are told: take and eat
  - c. The Offering of Sacrifice – we offer the ONE sacrifice of Christ again to the Father in an unbloody manner

## 5. Receiving Holy Communion

- a. Requirements: be baptized (member of the Church), fast for one hour; be in the “state of grace”, desire to live in charity with others
- b. In the hand (a throne) or on the tongue
- c. UNION with Jesus!

## 6. The Eucharist outside of Mass

- a. Jesus remain in the Tabernacle (prayer, visits to the sick)
- b. Eucharistic Adoration

## 7. Comments & Questions